

## **UPDATED FOR 2011-2012 (Revised on July 4, 2011)**

### **DRESS CODE AND GROOMING**

According to its mission statement, Sacred Heart Catholic School is a community of faith responding to God's call to proclaim the Gospel. Proclaiming the Gospel is accomplished through our words and actions.

*The Catechism of the Catholic Church* teaches us THAT modesty is decency. It inspires one's choice of clothing and keeps silence or reserve where there is evident risk of unhealthy curiosity. Modesty is discreet and protects the intimate center of the person. (2521) Moreover, purity of heart will enable us to see God: it enables us even now to see things according to God. (2531)

There is a direct correlation between a young person's appearance and his/her overall attitude toward school. Since attendance at SHCS is a privilege, every student is expected to abide by the dress and grooming code. *All uniform apparel must be purchased at the Sacred Heart Catholic School Uniform Store ([www.shmuenster.com](http://www.shmuenster.com)).*

#### **BOYS:**

##### **Trousers and Shorts (Navy) (Grades PK-K)**

- Pull-on slacks
- Pull-on shorts

##### **Trousers (Navy) (Grades K-12)**

- Must be worn at waist with black leather belt (no oversized or baggy pants)
- Must be neatly hemmed with no torn or frayed edges

##### **Shirts**

- Blue oxford button-down, cuffs (if long-sleeve) must be buttoned or rolled neatly, shirt tail to be tucked in (Grades K-12)
- Red polo knits with school logo; must be tucked in (Grades PK-12)
- Only solid white T-shirts underneath with sleeves no longer than outer shirts.

##### **Shoes**

- Solid black leather tennis shoes (for example, K-Swiss or New Balance)
- May not be painted or decorated.
- Must be in good condition.
- Must be worn as intended.

##### **Socks**

- Must be navy, white, or black solid in color

- Must be crew or knee socks (no athletic socks)

### **Fashion Accessories**

- Black leather belts only
- Should be in good taste and not detract from uniform
- No earrings or spacers for boys
- No pierced visible body parts
- No chain wallets or spikes on belts, bracelets or necklaces
- No body art or painting on visible body parts

### **Outer Garments**

- Official letter jackets, team jackets or any sweaters/jackets purchased from Parker Uniform store.
- SHCS sweatshirts with crew neck (no front pockets) purchased from Parker Uniform store.
- No hooded sweatshirts or jackets are allowed during the school day.
- Sweaters and jackets may not be tied around the waist.

### **Hair and Facial Grooming**

- Neat, clean, well-groomed and appropriate natural color.
- Not permitted: two-toned, extremely streaked, oddly bleached or colored, decorated, grooved, lined, spiked, Mohawk, extreme bi-level or long strands hanging from any part of head. Anything that draws undue attention to the student and/or serves as a distraction is NOT allowed.
- Hair cannot be longer than top of collar, or longer than the eyebrows.
- Clean shaven with sideburns not longer than middle of ear (students who are asked to shave will shave during the student's lunch period and be given a detention).

### **Caps and Headwear**

- Headwear is not permitted in the building

**Jean Days Only:** Only red polo type knit shirts with collars purchased from Parker Uniform store may be worn. Students must pay \$1 for each time they participate in Jean Friday. Polo shirts must be tucked in.

Jeans:

- Must be worn at waist with black leather belt (no oversized or baggy pants).
- Must be neatly hemmed with no torn or frayed edges.

## **Consequences (Grades 6-12)**

Students will be issued detentions for the first three uniform infractions. Saturday school will be issued for the fourth infraction. If a student continues to violate the uniform code, the student will be given an out of school suspension.

Uniform infractions are counted on a yearly basis.

## **GIRLS:**

### **Shorts (Navy) (Grades PK-K)**

- Pull-on shorts

### **Skirts, Jumpers (Plaid or Navy) (Grades PK-5)**

- Must be to the top of the knee or longer
- Skirts may not be rolled down at the waist (as a low-rider)
- Please leave plenty of hem to allow for growth

### **Blouses (Grades Pk-5)**

- White Peter Pan button down
- Red knit collared shirt with school logo

### **Blouses (Grades 6-12)**

- White oxford button-down
- White outer blouse with tailored fit
- Oxford blouses must always be neatly tucked into skirts, not rolled under sweaters
- Only solid white T-shirts may be worn under blouses
- Red knit collared shirt with school logo

## **Shoes**

- Classic navy saddle-oxford, including KEDS, or solid white leather tennis shoes (for example, K-Swiss or New Balance)
- May not be painted or decorated.
- Must be in good condition.
- Must be worn as intended.

## **Socks and Legwear**

- Must be worn at all times
- Must be solid in color, white, navy, or red—no sheer, see-through, or patterned
- Tights are acceptable in the same colors (no pattern)
- Socks must completely cover the ankle bone and come partly up the calf of the leg (for example knee high socks)
- Fishnet leg-wear, multi-colored socks, thermal underwear, or pajamas are not permitted
- No mini athletic socks are ever acceptable

### **Fashion Accessories**

- Should be in good taste and not detract from uniform
- Hair accessories must be red, white, and/or navy blue in color (no neon or fluorescent colors)
- May not wear more than 2 earrings in each ear (no earrings in cartilage)
- No pierced visible body parts
- No spike bracelets or necklaces
- No body art or graffiti on visible body parts
- No spacers
- No hoops, studs only, diameter of a dime or less
- No dangling earrings

### **Outer Garments**

- Official letter jackets, team jackets or any sweaters/jackets purchased from Parker Uniform store.
- SHCS sweatshirts with crew neck (no front pockets) purchased from Parker Uniform store.
- No hooded sweatshirts or jackets are allowed during the school day
- Sweaters and jackets may not be tied around the waist
- No Blankets

### **Hair and Grooming**

- Neat, clean, well-groomed and appropriate natural color or evenly highlighted
- Not permitted: two-toned, extremely streaked, oddly bleached or colored, decorated, grooved, lined, spiked, Mohawk, extreme bi-level or long strands hanging from any part of head

### **Caps and Head Wear**

- No headwear may be worn in the building

**Jean Days Only:** Only red polo type knit shirts with collars purchased from SHCS store may be worn. Students must pay \$1 for each time they participate in Jean Friday.

Jeans:

- Must be worn at waist with black leather belt (no oversized or baggy pants)
- Must be neatly hemmed with no torn or frayed edges
- Polo shirts must be tucked in

### **Consequences (Grades 6-12)**

Girls wearing jumpers/skirts that are inappropriate in length will be given the choice of changing into a jumper provided by SHCS or calling a parent to bring an appropriate item of clothing. The student may not go back to class until they are in compliance. If a student chooses to change into a SHCS jumper, there will be a \$5 cleaning fee. If the student fails to return the borrowed jumper, she will be fined \$5/day until the jumper is returned or until the fine is equal to the replacement cost of the jumper. A detention will be issued for the first three dress code infractions (including jumper/skirt length infractions). Saturday school will be issued for the fourth infraction. If a student continues to violate the uniform code, the student will be given out of school suspension. If a student continues to violate the uniform code, the student will be subject to further disciplinary action.

Uniform infractions are counted on a yearly basis.

### **DRESS CODE FOR FORMAL AND SEMI-FORMAL EVENTS AND DANCES:**

**Boys:** Normal attire would be a suit or sport coat, dress slacks, dress shirt and tie, dress shoes. If the weather is too warm, the suit jackets or sport coats would be optional. For formal dances, tuxedos are appropriate but not required. Grooming codes apply.

#### **Girls:**

The following guidelines are to be followed when selecting proper attire for formal and semi-formal events such as, but not limited to, prom and homecoming. The modesty guidelines for the girl's policy are taken from *Pure Fashion*, an international faith-based program designed for girls 14 – 18 to help young women rediscover and reaffirm their innate value and authentic femininity.

- NO CLEAVAGE SHOULD BE VISIBLE; FRONT OR SIDE
- NO STRAPLESS DRESSES
- The neckline should not be lower than four fingers below the collarbone
- The material should not be sheer, very thin, or spandex
- The backs should be modest, dipping no lower than mid-back (defined as half way between waist and base of neck)
- Any slit in the dress should be no higher than the knee
- Dress length should not be any shorter than four fingers above the top of the kneecap
- Spaghetti straps and halter tops are acceptable following the guidelines from above concerning CLEAVAGE

Let the clothing be an advertisement of your dignity as a young lady. Walk, stand and sit with dignity. Think of yourself as a person who deserves respect. Ask for it by dressing in a dignified manner.

Please be advised that:

- No same – gendered couples will be allowed.
- Alcohol is prohibited.
- Those exhibiting behavior symptomatic of alcohol or drug consumption will not be permitted to attend the event.
- In most cases, once a student has left the event, they will not be allowed to re-enter.

Homeschooled students may attend Sacred Heart Catholic School formal and semi-formal events under the following guidelines. They must:

- adhere to the Dress Code
- have Junior or Senior status with a state accredited homeschooling association
- be a member of a registered and contributing family in good standing with the Catholic Church through Sacred Heart Parish, Muenster, Texas

**STUDENTS WHO DO NOT FOLLOW THE THESE GUIDELINES WILL BE DENIED ACCESS TO SACRED HEART CATHOLIC SCHOOL FORMAL OR SEMI-FORMAL EVENTS.**

*Costumes are not permitted at semi-formal or formal dances.*